

Therapy Functional Levels/MD ADL Self Performance Crosswalk

Therapy Functional Levels	Functional Assistance Required	MDS/ADL Self Performance Score (Last 7 Days)
Dependent Resident offers no physical assistance with the activity. Caregiver performs 100% of the task. One or more persons may be required to perform the activity.	Caregiver provides 100%	Total Dependence (4) Resident required full staff performance every time during the last seven days.
Maximum Assistance Resident performs up to 25% of the activity. Caregiver performs 75-100% of the task. One or more persons may be required to assist with the activity.	Caregiver provides 75%	Extensive Assistance (3) Resident performed part of activity during the last seven days and required help of the following type: <ul style="list-style-type: none"> Required full staff performance at least 3 times but not every time - or - Required a combination of full staff performance and weight bearing assistance 3 or more times
Moderate Assistance Resident performs up to 50% of the activity. Caregiver performs 50-75% of the task, assisting patient through all or part of the activity.	Caregiver provides 50%	Extensive Assistance (3) Resident performed part of the activity during the last seven days and required help of the following type: <ul style="list-style-type: none"> Required full staff performance at least 3 times but not every time - or - Required a combination of full staff performance and weight bearing assistance 3 or more times
Minimum Assistance Resident performs up to 100% of the activity. Caregiver performs 25% of the task, while guiding patient through part(s) of task.	Caregiver provides 25%	Extensive Assistance (3) Resident performed part of activity during the last seven days and required help of the following type: <ul style="list-style-type: none"> Required full staff performance at least 3 times but not every time - or - Required a combination of full staff performance weight bearing assistance 3 or more times
Contact Guard Resident performs 100% of the activity. Caregiver is within physical contact of patient, but intervenes only if patient becomes at risk for falling.	Arms-length for safety	Limited Assistance (2) Resident highly involved in activity during the last seven days and required help of the following type: <ul style="list-style-type: none"> Required physical help in guided maneuvering of limbs or other non-weight-bearing assistance 3 or more times - or - required a combination of full staff performance/weight-bearing assistance and non-weight-bearing assistance 3 or more times
Stand-by-assist Resident performs 100% of the activity. Caregiver is within physical contact of patient, but intervenes only if patient becomes at risk for falling.	No hands - or – guarding, but may need verbal cues for safety	Supervision (1) Resident required oversight, encouragement or cueing three or more times during the last 7 days.
Set-up Resident performs 100% of activity.	Assist for device retrieval or modification of environment	Supervision (1) Resident required oversight, encouragement or cueing three or more times during the last 7 days.
Modified Independence Resident performs 100% of activity.	Assistive device or extra time needed	Supervision (1) Resident required oversight, encouragement or cueing three or more times during the last 7 days.
Independent Resident performs 100% of activity. Patient demonstrates proper safety techniques throughout activity and does not require any type of assistance by caregiver.	Requires no assistance or cueing in any situation	Independent (0) Resident fully completed activity without any help or oversight from staff every time during the 7-day look-back period.

MDS Language Information

8 = Activity was not performed by resident or staff during last 7 days.

7 = Activity only occurred once or twice but not three times during last 7 days.

ADL = Self-Performance; Code for resident's self-performance during last 7 days.